

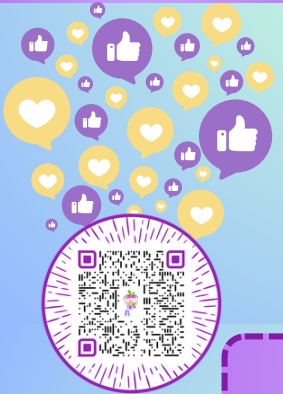


YCUSD NUTRITION SERVICES COMMUNITY NEWSLETTER

January 2025



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Farm to School Updates

Since we began weighing and tracking fresh produce from our YCUSD School Gardens and Hydroponic Farms, we have harvested over 895 pounds of produce.



Some of the items harvested include:

Lettuce
Tomato
Zucchini
Thyme
Basil
Cucumber
Bell Peppers
Onion

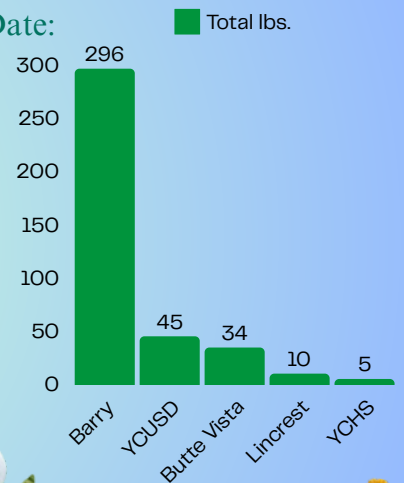
All of these items are harvested and incorporated into our meal service.

YCUSD current sites that have gardens are:

- Barry School Hydroponic Farm & School Garden
- Yuba City High School Farm, Hydroponic Garden, and School Garden
- YCUSD Hydroponic Farm & Warehouse Garden
- Park Avenue Kids Club Giving Garden
- Andros Karperos Science Garden

Harvest Total to Date:

895.13 LBS



SPOTLIGHT ON VENDORS



When we return to School in the new year, we will be serving locally grown oranges from Papa Citrus. Oroville is home to Papa Citrus. For over 88 years, they have been planting and harvesting citrus trees. To learn more about the history of Papa Citrus, visit their site at Papa Citrus - We Grow The Best Navels In The World or use the QR code above.



We are serving locally procured meat from the Country Butcher this school year. West Linda is home to the Country Butcher. They have been providing our community with the highest quality meat products since 1979. To learn about the Country Butcher, visit their site at countrybutcherca.com or use the QR code above.





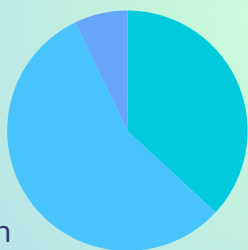
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MEAL SERVICE SUCCESS!

Since the 24/25 school year began on August 13, 2024, our meal service has continued to increase! The graph below shows the Breakfast, Lunch, and Supper meals served from August 13, 2024 to November 30, 2024.

Breakfast
Lunch
Supper
64358



Breakfast
332094

Total meals served
August 13 through
November 30, 2024

900,254



YCUSD Nutrition Services unveiled the “Aloha Grindz” this school year. The portability of the grill makes it possible for us to offer rotating weekly schoolwide events at all of our YCUSD sites! These events include, Pancake Breakfast’s and BBQ’s. These schoolwide events have been a tremendous success and we look forward to many more events using the Aloha Grindz.



YCUSD NUTRITION SERVICES WELLNESS COMMITTEE

The Yuba City Unified Wellness Committee provides recommendations and guidance to the Administration on issues related to school wellness.

Together, with our Community Partners, the School Wellness Committee has established 24/25 goals for the School Wellness Policy aimed at:

- Goal #1:** Increasing participation in the district’s School Meal Programs.
- Goal #2:** Creating welcoming environments in district cafeterias, cafes, and food courts.
- Goal #3:** Increasing the presence of community partnerships, nutrition education, and physical activity promotion at school-wide events.
- Goal #4:** Continue to expand Farm to School Initiatives and School Gardens.
- Goal #5:** Improve School Fundraising by introducing Healthy School Fundraising Ideas.

The School Wellness Committee meets quarterly and is excited to work with our community partners to meet our goals. The next Wellness Committee Meeting is:

April 16, 2025

10:00 am to 11:00 am

Yuba City Unified School District
750 Palora Avenue, Yuba City, 95991

For more information on Wellness Committee Meetings, please contact Chelsey Slattery
Phone: (530) 822-5075 ext. 30100

community partners



UC CE UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources



BLUE ZONES PROJECT

